

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Cognitive Cuisine: Cooking Up Memory Concepts for 9th Grade

Examine how chefs manage high-stakes kitchen environments through specialized encoding techniques and mental algorithms. This quiz sharpens critical analysis of cognitive systems.

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**1. A professional cellist relies on 'muscle memory' to perform a complex concerto without looking at their hands. Which specific long-term memory system is primarily engaged in this high-level skill?**

- A. Episodic memory
- B. Procedural memory
- C. Semantic memory
- D. Echoic memory

**2. When a detective reviews a crime scene and uses specific forensic clues to build a valid profile of a suspect, they are employing \_\_\_\_\_ reasoning to reach a logical conclusion.**

- A. Deductive
- B. Inductive
- C. Heuristic
- D. Analogical

**3. The 'Levels of Processing' theory suggests that structural encoding (focusing on physical appearance) leads to more durable memory storage than semantic encoding (focusing on meaning).**

- A. True
- B. False

**4. An air traffic controller must balance multiple streams of incoming data while disregarding distractions. This ability to focus on specific stimuli while filtering out others is known as:**

- A. Parallel processing
- B. Automaticity
- C. Selective attention
- D. The Primacy effect

**5. A physician using a 'rule of thumb' to quickly diagnose a common cold based on three symptoms is using a \_\_\_\_\_, which is efficient but prone to potential error.**

- A. Algorithm
- B. Mental set
- C. Heuristic
- D. Confirmation bias

**6. Anterograde amnesia is a condition where an individual is unable to create new memories after the event that caused the amnesia, despite being able to recall the past.**

- A. True

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B. False

**7. When learning a new language, your knowledge of your native language's grammar rules might interfere with your ability to remember the new rules. This is an example of:**

- A. Retroactive interference
- B. Proactive interference
- C. Source misattribution
- D. Decay theory

**8. The \_\_\_\_\_ effect describes the phenomenon where people tend to recall the first and last items in a list better than the items in the middle.**

- A. Serial position
- B. Contextual cue
- C. Spacing
- D. Next-in-line

**9. Which cognitive hurdle describes the tendency to view an object only in terms of its typical use, such as failing to see a heavy book as a potential doorstep?**

- A. Belief perseverance
- B. Framing effect
- C. Functional fixedness
- D. Overconfidence bias

**10. Constructive memory implies that our brains function like a video camera, recording and playing back events exactly as they transpired without alteration.**

- A. True
- B. False