

Name: _____ **Date:** _____

Pizza Toppings and Personality: A 9th Grade Psych Quiz

Students analyze cognitive-social interactions and developmental theories to explain why classmates react differently to the same high school stresses.

1. A student believes they are poor at math, so they study less, which leads to lower grades and reinforces their belief. Which social-cognitive concept does this cycle represent?

- A. Biological determinism
- B. Reciprocal determinism
- C. The pleasure principle
- D. Introversion-extraversion scale

2. True or False: According to Humanistic psychologists like Carl Rogers, 'congruence' occurs when there is a large gap between a person's ideal self and their actual experience.

- A. True
- B. False

3. Raymond Cattell used a statistical technique called _____ to narrow down thousands of personality traits into sixteen primary personality factors.

- A. Standard deviation
- B. Factor analysis
- C. Case study
- D. Experimental design

4. If a psychologist asks you to describe what you see in an ambiguous inkblot, they are most likely using which type of assessment rooted in Psychodynamic theory?

- A. Objective inventory
- B. Projective test
- C. Aptitude test
- D. Behavioral observation

5. True or False: Hans Eysenck's theory focused on the biological basis of personality, specifically suggesting that extraverts have lower levels of natural cortical arousal.

- A. True
- B. False

6. Alfred Adler, a Neo-Freudian, argued that the primary driver of personality is not sexual tension, but rather a struggle to overcome feelings of:

- A. Superiority
- B. Inferiority
- C. Hunger

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D. Collective unconscious

7. Julian Rotter's concept of _____ refers to whether a person believes they control their own fate or if outside forces determine what happens to them.

- A. Self-actualization
- B. Locus of control
- C. Unconditional positive regard
- D. Functional autonomy

8. A person who is highly organized, dependable, and disciplined would likely score very high in which of the 'Big Five' traits?

- A. Agreeableness
- B. Extraversion
- C. Conscientiousness
- D. Neuroticism

9. True or False: The 'Humanistic' perspective in psychology was often called the 'Third Force' because it offered an alternative to both Psychoanalysis and Behaviorism.

- A. True
- B. False

10. Karen Horney criticized Freud's theories as being biased against women and suggested that personality is actually shaped by 'basic _____' resulting from childhood insecurity.

- A. Motivation
- B. Anxiety
- C. Traits
- D. Archetypes