

Name: _____ **Date:** _____

Neon Brainprints: 8th Grade Personality Map Quiz

Crack 10 puzzles to identify how traits, environments, and hidden motives shape the unique patterns of human behavior.

1. A student believes they can win the science fair because they have successfully built robots before. Which concept describes this specific belief in one's own ability?

- A. Self-actualization
- B. Self-efficacy
- C. The Superego
- D. Introversion

2. True or False: According to trait theories, personality is mostly made up of consistent characteristics that can be measured.

- A. True
- B. False

3. In the structural model of personality, the _____ acts like a strict internal judge or 'moral compass' that makes us feel guilty.

- A. Id
- B. Ego
- C. Superego
- D. Ideal Self

4. Which theory suggests that humans are naturally good and always trying to reach their full potential, or 'self-actualization'?

- A. Psychodynamic Theory
- B. Trait Theory
- C. Humanistic Theory
- D. Behaviorism

5. The 'Big Five' trait of _____ describes how curious, creative, and willing to try new things a person is.

- A. Agreeableness
- B. Extraversion
- C. Conscientiousness
- D. Openness

6. True or False: Social-cognitive theorists believe that your environment and your behavior influence each other in a loop.

- A. True
- B. False

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7. If a psychologist says your current behavior is caused by a memory from when you were a toddler that you don't even remember, they are using which perspective?

- A. Trait Perspective
- B. Psychodynamic Perspective
- C. Humanistic Perspective
- D. Cognitive Perspective

8. Carl Rogers argued that for a healthy personality, our 'Real Self' needs to closely match our _____.

- A. Ideal Self
- B. Unconscious Mind
- C. Social Media Self
- D. Hidden Self

9. A person who is very organized, always on time, and works hard to finish tasks would likely score high in which Big Five trait?

- A. Neuroticism
- B. Conscientiousness
- C. Extraversion
- D. Adaptability

10. True or False: The 'Id' is the part of the personality that is driven by the 'pleasure principle' and wants things immediately.

- A. True
- B. False