

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Answer Key: Saving the Day: A 4th Grade First Aid Rescue Mission

Identify life-saving tools and response steps for common playground bumps, bee stings, and nosebleeds to build confidence in real-life emergencies.

**1. You are hiking and your friend gets a nosebleed. What is the safest way to help them stop the bleeding?**

**Answer:** B) Have them lean forward and pinch the soft part of the nose

Leaning forward prevents blood from going down the throat, while pinching the nose helps the blood clot and stop.

**2. If someone is stung by a bee and it leaves a stinger behind, you should use the edge of a \_\_\_\_\_ to gently scrape it away.**

**Answer:** C) Plastic credit card

Scraping with a flat edge like a plastic card prevents squeezing more venom into the skin, which can happen with tweezers.

**3. If you see a person collapse and they are not waking up, the first thing you should do is check the area to make sure it is safe for you to help.**

**Answer:** A) True

Checking the scene for safety ensures you don't become a second victim to things like traffic, fire, or electricity.

**4. Which of these items would be most useful in a first aid kit to keep a person warm if they are in shock or it is very cold?**

**Answer:** B) Emergency space blanket

Space blankets are lightweight and designed to reflect body heat back to a person who is cold or injured.

**5. When a person feels faint or dizzy, you should have them \_\_\_\_\_ and elevate their legs about 12 inches.**

**Answer:** C) Lie down flat

Lying down and raising the legs helps blood flow back to the brain, which can help stop the dizzy feeling.

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**6. If you get a chemical like cleaning spray in your eyes, you should rub them with your hands immediately.**

**Answer:** B) False

Rubbing can cause more damage; instead, you should flush your eyes with clean water for at least 15 minutes.

**7. If a friend is coughing loudly because they have a grape stuck in their throat, what should you do?**

**Answer:** C) Encourage them to keep coughing

If a person is coughing, it means they can still breathe. You should let them try to cough it out on their own first.

**8. To protect yourself from germs while helping someone with a bloody cut, you should put on \_\_\_\_\_ from the first aid kit.**

**Answer:** B) Disposable gloves

Gloves create a barrier that keeps blood and germs away from your skin, protecting both you and the injured person.

**9. Applying butter or grease to a kitchen burn is the best way to help it heal.**

**Answer:** B) False

Butter or oil can trap heat and cause infection; you should only use cool running water for minor burns.

**10. In an emergency, if you are the person calling 911, what is the most important piece of information to tell the dispatcher first?**

**Answer:** C) Your exact location

The dispatcher needs to know where you are so they can send help to the right place immediately.