

Practice Your Podium Grace: 1st Grade Sportsmanship Quiz

Evaluate 10 challenging scenarios that require young athletes to design fair solutions and demonstrate emotional intelligence during competitive play.

1. During a game of 'Red Light, Green Light,' your friend accidentally moves after the stop, but the leader didn't see it. As a great sport, what is the best thing to do?

- A. Shout 'You're out!' loudly so everyone hears
- B. Keep playing and ignore it because they are your friend
- C. Gently remind your friend to go back to the start line
- D. Tell the leader to quit the game immediately

2. True or False: If a teammate makes a big mistake that costs the team a point, a good leader should tell them exactly what they did wrong right away so they feel bad.

- A. True
- B. False

3. When the other team wins the relay race, a student showing 'Grace in Defeat' would say ____.

- A. You only won because you cheated
- B. Great job, you guys were really fast today!
- C. I wasn't even trying anyway
- D. Our shoes were too slippery to win

4. Your PE teacher makes a call during kickball that you think is wrong. What is the most 'Pro-Social' way to handle it?

- A. Throw your lead-off cap on the ground
- B. Ask your teammates to boo the teacher
- C. Take a deep breath and keep playing the game
- D. Sit down on the base and refuse to move

5. True or False: In a 'Spirit of the Game' model, it is more important to be known as a fair player than to have the highest score.

- A. True
- B. False

6. If you see a player on the other team fall down during a game of tag, the most 'Ethical' action is to ____.

- A. Tag them while they are down to get them out
- B. Run away so you don't get blamed
- C. Stop and ask if they are okay
- D. Laugh so they feel embarrassed

Name: _____

Date: _____

7. Your team is winning by 10 points in a game of 'Scooter Hockey.' To show respect for your opponents, you should:

- A. Start making fun of how they move
- B. Keep playing hard but stay polite and kind
- C. Stop playing and just stand there
- D. Tell them they should just give up now

8. A player who celebrates a win by 'Gloating' (bragging) is forgetting the value of ____.

- A. Speed
- B. Humility
- C. Strength
- D. Winning

9. True or False: If you are the best player on the team, the rules apply to you less than they do to the other players.

- A. True
- B. False

10. Which of these is a way to 'Scaffold' (help build) good sportsmanship for a younger student who is crying because they lost?

- A. Tell them crying is for babies
- B. Ignore them and go get a snack
- C. Invite them to practice a skill with you for next time
- D. Tell everyone else why they are crying