

Name: _____ Date: _____

Answer Key: Practice Your Podium Grace: 1st Grade Sportsmanship Quiz

Evaluate 10 challenging scenarios that require young athletes to design fair solutions and demonstrate emotional intelligence during competitive play.

1. During a game of 'Red Light, Green Light,' your friend accidentally moves after the stop, but the leader didn't see it. As a great sport, what is the best thing to do?

Answer: C) Gently remind your friend to go back to the start line

Advanced sportsmanship involves 'Self-Regulation' and helping peers follow rules honestly even without a referee watching.

2. True or False: If a teammate makes a big mistake that costs the team a point, a good leader should tell them exactly what they did wrong right away so they feel bad.

Answer: B) False

Sportsmanship requires 'Scaffolding' social support; encouraging a teammate after a mistake helps the whole team perform better.

3. When the other team wins the relay race, a student showing 'Grace in Defeat' would say ____.

Answer: B) Great job, you guys were really fast today!

Synthesizing respect means recognizing the skill of others even when it results in your own loss.

4. Your PE teacher makes a call during kickball that you think is wrong. What is the most 'Pro-Social' way to handle it?

Answer: C) Take a deep breath and keep playing the game

Respect for authority figures is a core component of sportsmanship, requiring emotional regulation when things feel unfair.

5. True or False: In a 'Spirit of the Game' model, it is more important to be known as a fair player than to have the highest score.

Answer: A) True

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Character education teaches that integrity and reputation for fairness provide more long-term value than a single win.

6. If you see a player on the other team fall down during a game of tag, the most 'Ethical' action is to ____.

Answer: C) Stop and ask if they are okay

Prioritizing the safety and well-being of others over the game rules is a sign of advanced moral reasoning in sports.

7. Your team is winning by 10 points in a game of 'Scooter Hockey.' To show respect for your opponents, you should:

Answer: B) Keep playing hard but stay polite and kind

True sportsmanship involves 'Competitive Integrity'—playing your best while maintaining humility and respect.

8. A player who celebrates a win by 'Gloating' (bragging) is forgetting the value of ____.

Answer: B) Humility

Humility is an essential character trait that prevents conflict and builds positive community in physical education.

9. True or False: If you are the best player on the team, the rules apply to you less than they do to the other players.

Answer: B) False

Fair play is a 'Universal Standard'—everyone must follow the same rules regardless of their skill level.

10. Which of these is a way to 'Scaffold' (help build) good sportsmanship for a younger student who is crying because they lost?

Answer: C) Invite them to practice a skill with you for next time

Mentorship and encouragement are advanced forms of sportsmanship where students support the growth of their peers.