

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Do Hidden Minds Map Your Steps? 7th Grade Personality Theory Quiz

Students analyze high-level social scenarios to evaluate how competing psychological frameworks interpret human behavior through synthesis and critical reasoning.

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**1. A student begins studying more after observing a peer receive a 'Citizen of the Month' award. Julian Rotter would argue this behavior change is driven by:**

- A. The student's internal locus of control regarding academic success.
- B. Locus of control and the expectancy of a specific reinforcement.
- C. An unconscious drive to surpass the achievements of others.
- D. The innate human drive toward self-actualization.

**2. In the context of Gordon Allport's trait theory, a \_\_\_\_ trait is so dominant that it touches almost every aspect of a person's life, such as 'Mother Teresa-like' selflessness.**

- A. Secondary
- B. Central
- C. Cardinal
- D. Tertiary

**3. According to Hans Eysenck, the difference between an extrovert and an introvert is primarily based on the biological levels of cortical arousal in the brain.**

- A. True
- B. False

**4. If a person is described as 'low in Neuroticism' on a modern Five-Factor inventory, they would most likely respond to a high-stress academic deadline by:**

- A. Feeling intense anxiety and questioning their self-worth.
- B. Remaining calm and emotionally stable under pressure.
- C. Seeking constant reassurance from their teachers.
- D. Ignoring the deadline entirely due to a lack of care.

**5. The concept of 'Birth Order' influencing personality, where the youngest child might become highly ambitious to 'catch up' to siblings, was pioneered by \_\_\_\_.**

- A. Carl Jung
- B. Alfred Adler
- C. Karen Horney
- D. Erik Erikson

**6. The Humanistic perspective suggests that if a student is struggling, the priority should be uncovering their childhood traumas rather than focusing on their current self-concept.**

- A. True

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B. False

**7. Which scenario best illustrates the concept of 'congruence' as described by Carl Rogers?**

- A. A student who hates math pretends to like it to please their parents.
- B. A student who values honesty admits they forgot their homework despite the risk.
- C. A student feels they only have value if they get 100% on every test.
- D. A student suppresses their artistic side to fit in with a sports team.

**8. When an individual attributes their success to their own hard work but blames a bad grade on 'unfair questions,' they are demonstrating a \_\_\_\_ bias.**

- A. Self-serving
- B. Reciprocal
- C. Cognitive Dissonance
- D. Archetypal

**9. Carl Jung proposed the existence of the \_\_\_\_\_, a shared storehouse of memories and ideas inherited from our ancestors, such as the 'Hero' or the 'Shadow.'**

- A. Individual Unconscious
- B. Social Identity
- C. Collective Unconscious
- D. Cultural Super-ego

**10. The 'Barnum Effect' explains why people often believe generic personality descriptions (like horoscopes) are highly accurate and specific to them.**

- A. True
- B. False