

Name: _____ Date: _____

Answer Key: Do Hidden Minds Map Your Steps? 7th Grade Personality Theory Quiz

Students analyze high-level social scenarios to evaluate how competing psychological frameworks interpret human behavior through synthesis and critical reasoning.

1. A student begins studying more after observing a peer receive a 'Citizen of the Month' award. Julian Rotter would argue this behavior change is driven by:

Answer: B) Locus of control and the expectancy of a specific reinforcement.

Rotter's Social Learning Theory emphasizes that behavior is determined by our expectations of rewards and the value we place on those rewards.

2. In the context of Gordon Allport's trait theory, a ____ trait is so dominant that it touches almost every aspect of a person's life, such as 'Mother Teresa-like' selflessness.

Answer: C) Cardinal

Allport defined cardinal traits as those that are so pervasive that they define an individual's entire personality and reputation.

3. According to Hans Eysenck, the difference between an extrovert and an introvert is primarily based on the biological levels of cortical arousal in the brain.

Answer: A) True

Eysenck proposed a biological basis for personality, suggesting introverts have naturally high cortical arousal and seek less external stimulation.

4. If a person is described as 'low in Neuroticism' on a modern Five-Factor inventory, they would most likely respond to a high-stress academic deadline by:

Answer: B) Remaining calm and emotionally stable under pressure.

Neuroticism measures emotional instability; therefore, someone 'low' in this trait is characterized by emotional resilience and calmness.

5. The concept of 'Birth Order' influencing personality, where the youngest child might become highly ambitious to 'catch up' to siblings, was pioneered by ____.

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Answer: B) Alfred Adler

Alfred Adler's Individual Psychology focused on the drive for superiority and how family dynamics like birth order shape development.

6. The Humanistic perspective suggests that if a student is struggling, the priority should be uncovering their childhood traumas rather than focusing on their current self-concept.

Answer: B) False

Humanists focus on the 'here and now' and personal growth, whereas focusing on childhood trauma is a hallmark of the Psychodynamic perspective.

7. Which scenario best illustrates the concept of 'congruence' as described by Carl Rogers?

Answer: B) A student who values honesty admits they forgot their homework despite the risk.

Congruence occurs when a person's 'ideal self' and 'real self' (their actions and true feelings) are consistent and aligned.

8. When an individual attributes their success to their own hard work but blames a bad grade on 'unfair questions,' they are demonstrating a ____ bias.

Answer: A) Self-serving

The self-serving bias is a social-cognitive concept where people take credit for positives but deflect responsibility for negatives to protect self-esteem.

9. Carl Jung proposed the existence of the _____, a shared storehouse of memories and ideas inherited from our ancestors, such as the 'Hero' or the 'Shadow.'

Answer: C) Collective Unconscious

Jung's Collective Unconscious contains universal archetypes that he believed are common to all humans across different cultures.

10. The 'Barnum Effect' explains why people often believe generic personality descriptions (like horoscopes) are highly accurate and specific to them.

Answer: A) True

The Barnum Effect is a psychological phenomenon where individuals give high accuracy ratings to descriptions of their personality that are actually vague and general.

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