

Name: _____ Date: _____

Answer Key: Why is Bear Happy? 5-Factor Feelings Quiz for Pre-K

Children build foundational emotional intelligence by constructing unique personality profiles for storybook characters using the 'Big Five' dimensions adjusted for early childhood synthesis.

1. If Little Bird always wants to try a brand new game that no one has ever played before, which part of her 'inner self' is very big?

Answer: B) Her 'Openness' to new adventures

Openness in personality theory describes an individual's willingness to seek out and try new, creative experiences.

2. A shy turtle who stays in his shell can still have a very kind heart on the inside.

Answer: A) True

This identifies the difference between outward social traits (extraversion) and internal kindness (agreeableness).

3. When Elephant carefully puts all his blocks in a straight line top-to-bottom, he is showing high ____.

Answer: B) Conscientiousness (being organized)

Conscientiousness involves being organized and purposeful with tasks, even at a developmental play level.

4. Imagine a squirrel who gets very scared of every tiny noise. Researchers call this high 'Neuroticism.' What could we name this squirrel to describe his personality?

Answer: C) Worrying Wally

Neuroticism (often called Emotional Stability in kids) describes how easily someone feels negative emotions like worry.

5. Personality means that every single person in our classroom thinks and acts exactly the same way.

Answer: B) False

Personality theories emphasize that individuals have unique, stable patterns of thoughts and behaviors.

6. If you share your favorite toy because you care about your friend's feelings, you are being very ____.

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Answer: A) Agreeable

Agreeableness is a trait that includes being helpful, sympathetic, and cooperative with others.

7. Lion loves to roar and dance in front of all the other animals. He gets his energy from being with friends. What is this trait called?

Answer: B) Extraversion

Extraversion describes people who are outgoing and gain energy from social interaction.

8. Our 'personality' is like an invisible backpack that we carry everywhere, filled with how we feel and act.

Answer: A) True

This metaphor helps children understand that personality is a consistent set of internal traits.

9. When we create a new character for a story, we decide their _____ by choosing if they are brave, shy, or silly.

Answer: B) Personality

Synthesis requires choosing specific traits to form a cohesive personality 'profile' for a character.

10. If a puppy is very messy and never cleans up his bones, we would say he is 'Low' in which trait?

Answer: A) Conscientiousness

Being messy or disorganized represents the lower end of the conscientiousness spectrum.