

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Answer Key: Why is Bear Happy? 5-Factor Feelings Quiz for Pre-K

Children build foundational emotional intelligence by constructing unique personality profiles for storybook characters using the 'Big Five' dimensions adjusted for early childhood synthesis.

**1. If Little Bird always wants to try a brand new game that no one has ever played before, which part of her 'inner self' is very big?**

**Answer:** B) Her 'Openness' to new adventures

Openness in personality theory describes an individual's willingness to seek out and try new, creative experiences.

**2. A shy turtle who stays in his shell can still have a very kind heart on the inside.**

**Answer:** A) True

This identifies the difference between outward social traits (extraversion) and internal kindness (agreeableness).

**3. When Elephant carefully puts all his blocks in a straight line top-to-bottom, he is showing high \_\_\_\_\_.**

**Answer:** B) Conscientiousness (being organized)

Conscientiousness involves being organized and purposeful with tasks, even at a developmental play level.

**4. Imagine a squirrel who gets very scared of every tiny noise. Researchers call this high 'Neuroticism.' What could we name this squirrel to describe his personality?**

**Answer:** C) Worrying Wally

Neuroticism (often called Emotional Stability in kids) describes how easily someone feels negative emotions like worry.

**5. Personality means that every single person in our classroom thinks and acts exactly the same way.**

**Answer:** B) False

Personality theories emphasize that individuals have unique, stable patterns of thoughts and behaviors.

**6. If you share your favorite toy because you care about your friend's feelings, you are being very \_\_\_\_\_.**

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**Answer:** A) Agreeable

Agreeableness is a trait that includes being helpful, sympathetic, and cooperative with others.

**7. Lion loves to roar and dance in front of all the other animals. He gets his energy from being with friends. What is this trait called?**

**Answer:** B) Extraversion

Extraversion describes people who are outgoing and gain energy from social interaction.

**8. Our 'personality' is like an invisible backpack that we carry everywhere, filled with how we feel and act.**

**Answer:** A) True

This metaphor helps children understand that personality is a consistent set of internal traits.

**9. When we create a new character for a story, we decide their \_\_\_\_\_ by choosing if they are brave, shy, or silly.**

**Answer:** B) Personality

Synthesis requires choosing specific traits to form a cohesive personality 'profile' for a character.

**10. If a puppy is very messy and never cleans up his bones, we would say he is 'Low' in which trait?**

**Answer:** A) Conscientiousness

Being messy or disorganized represents the lower end of the conscientiousness spectrum.