

Name: _____

Date: _____

Score a Goal: Pre-K Team Sports Adventure Quiz

Gross motor skills, cooperation, and boundary recognition — building foundational social coordination through interactive play.

1. When we play a game with our friends and work together, we are a ____.

- A. Team
- B. Cloud
- C. Puppet
- D. Chair

2. Is it okay to push our friends when we play sports?

- A. True
- B. False

3. In a game of T-ball, we use a ____ to hit the ball.

- A. Spoon
- B. Bat
- C. Hat
- D. Shoe

4. What do we do when our friend scores a point or does a good job?

- A. Hide in a box
- B. Cry
- C. Cheer and clap
- D. Sleep

5. Rules are like 'promises' we keep so the game is fair for everyone.

- A. True
- B. False

6. When we play 'Duck, Duck, Goose,' we move by ____ around the circle.

- A. Running
- B. Swimming
- C. Eating
- D. Singing

7. Which body part do we use to kick a ball in a soccer game?

- A. Our nose
- B. Our ears
- C. Our feet

Name: _____

Date: _____

D. Our elbows

8. When the teacher blows the whistle, that means we should keep running as fast as we can.

- A. True
- B. False

9. In a relay race, we ___ the beanbag to our friend so it is their turn.

- A. Hide
- B. Throw
- C. Pass
- D. Break

10. Why do we wear helmets when we ride trikes or play some sports?

- A. To hide our hair
- B. To keep our heads safe
- C. To look like a robot
- D. To make us taller