

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## **Probing Personality Patterns: A Peerless 6th Grade Puzzle**

Students construct a psychological profile by synthesizing trait, humanistic, and social-cognitive perspectives to explain why a classmate might act differently in a storm.

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**1. Imagine a student named Sam who is very quiet in the cafeteria but becomes a loud, confident leader during a soccer match. Which concept explains this change based on the environment?**

- A. Biological Determinism
- B. Reciprocal Determinism
- C. The Unconscious Mind
- D. Fixed Traits

**2. In the 'Big Five' model of personality, a person who is very organized, dependable, and always finishes their homework on time would likely score high in the trait of \_\_\_\_\_.**

- A. Extraversion
- B. Neuroticism
- C. Conscientiousness
- D. Agreeableness

**3. According to Humanistic theorists like Carl Rogers, a person's personality is shaped primarily by hidden rewards and punishments they received as a toddler.**

- A. True
- B. False

**4. An artist spends hours painting not for money or fame, but because it makes them feel 'whole' and fulfilled. Which psychological concept does this best represent?**

- A. Self-Actualization
- B. The Ego
- C. Introversion
- D. Observational Learning

**5. If you believe that you have the skills and ability to successfully organize a school-wide recycling drive, you are demonstrating high levels of \_\_\_\_\_.**

- A. Self-Esteem
- B. Self-Efficacy
- C. Self-Concept
- D. Self-Correction

**6. Trait theorists argue that personality should be understood by looking at stable, long-lasting patterns of behavior rather than unconscious motives.**

- A. True

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B. False

**7. Which theory would suggest that a person's kindness is a result of them watching their parents volunteer at a local food bank throughout their childhood?**

- A. Psychodynamic Theory
- B. Trait Theory
- C. Social-Cognitive Theory
- D. Humanistic Theory

**8. In personality psychology, the 'Ideal Self' refers to the person you wish you were, while the '\_\_\_\_\_ Self' refers to who you actually are right now.**

- A. Social
- B. Hidden
- C. Real
- D. Future

**9. If a psychologist is analyzing the 'Id,' 'Ego,' and 'Superego' to understand why a student is feeling anxious about a test, they are using which perspective?**

- A. Humanistic
- B. Psychodynamic
- C. Five-Factor
- D. Cognitive

**10. A student who scores high in 'Openness' on a personality test is likely to prefer routine and be very uncomfortable with trying new foods or traveling to new places.**

- A. True
- B. False