

Name: _____ **Date:** _____

Nail First Aid Safety Essentials for 1st Grade

Young learners design safety plans and organize survival steps for scenarios like nosebleeds, bee stings, and playground scrapes.

1. You are playing and your friend gets a nosebleed. What is the very first thing you should do to help them?

- A. Run away and hide
- B. Tell an adult right away
- C. Put a bandage on their knee
- D. Give them a glass of milk

2. If you see a _____ on the ground, you should never pick it up because it could be sharp and carry germs.

- A. Bent paperclip
- B. Used needle or syringe
- C. Shiny penny
- D. Colorful autumn leaf

3. True or False: If you get a bee sting, it is a good idea to tell an adult immediately in case you have an allergy.

- A. True
- B. False

4. Imagine you see a bottle of colorful liquid under the sink that looks like juice. What is the safest choice?

- A. Taste a tiny bit to see what it is
- B. Smell it to see if it's fruity
- C. Don't touch it and stay away
- D. Pour it down the drain

5. When you are building a first aid kit for a hiking trip, you should definitely include _____ to clean a dirty scrape.

- A. Chocolate bars
- B. Antiseptic wipes
- C. Crayons and paper
- D. Heavy rocks

6. True or False: If a stranger asks you for help finding a lost puppy, you should go with them alone to be helpful.

- A. True

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B. False

7. You see a classmate fall on the playground and they cannot get up. What is the smartest way to show leadership in this emergency?

- A. Try to carry them to the nurse yourself
- B. Ask one friend to stay with them while you run for a teacher
- C. Tell them to stop crying and walk it off
- D. Ignore it so you don't get in trouble

8. A _____ is a special person you can talk to if you feel unsafe or if someone is hurt at school.

- A. Trusted Adult
- B. Imaginary Friend
- C. Stuffed Animal
- D. Baby Brother

9. True or False: Using a 'buddy system' means you and a friend look out for each other so neither of you gets lost or hurt.

- A. True
- B. False

10. Which of these is a 'Safety Rule' for using a public swimming pool?

- A. Always run as fast as you can on the wet tile
- B. Eat a giant meal while swimming in the deep end
- C. Wait for a lifeguard to be on duty before getting in
- D. Push your friends into the water as a surprise