

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## What's Your Superpower? A Guide to Your Awesome Personality for 3rd Grade

Apply your knowledge of character traits and social interactions to 10 engaging scenarios that reveal how unique minds work.

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**1. Imagine you are at a playground. If you are a 'Trait Explorer,' and your main trait is 'Bravery,' what are you most likely to do?**

- A. Sit on a bench and read a book quietly
- B. Ask a friend to hold your hand while walking
- C. Try the big, tall slide for the very first time
- D. Wait for everyone else to finish playing first

**2. True or False: A scientist who studies personality believes that every single person in your class has the exact same thoughts and feelings.**

- A. True
- B. False

**3. When you learn to tie your shoes because you watched your older brother do it, you are using \_\_\_\_\_ learning.**

- A. Automatic
- B. Observational
- C. Secret
- D. Invisible

**4. Leo wants to be the best soccer player. Even though he misses a goal, he tells himself, 'I can get better if I keep practicing!' This belief in himself is called:**

- A. Self-efficacy
- B. Sleepiness
- C. Reciprocal dreaming
- D. Shyness

**5. True or False: Humanistic theories suggest that all kids have a 'seed' inside them that wants to grow into the best version of themselves.**

- A. True
- B. False

**6. Maya is very organized. Her desk is neat, and her homework is always on time. Which trait best describes Maya's personality pattern?**

- A. Clumsiness
- B. Forgetfulness
- C. Conscientiousness

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D. Wildness

**7. Some theories say our 'Unconscious' mind is like an \_\_\_\_\_ because most of it is hidden under the water where we can't see it.**

- A. Island
- B. Iceberg
- C. Airplane
- D. Elephant

**8. If a person is 'Introverted,' how might they choose to spend their Saturday afternoon?**

- A. Hosting a giant party for 50 people
- B. Drawing a picture alone in their room
- C. Shouting through a megaphone at a parade
- D. Joining a crowded dance competition

**9. True or False: Your environment (the places you go and people you are with) can actually help change your behavior.**

- A. True
- B. False

**10. A student who shares their lunch because they want to be a 'kind person' is following their \_\_\_\_\_ self.**

- A. Silly
- B. Ideal
- C. Grumpy
- D. Hungry