

Name: _____ **Date:** _____

Score Big! The Joy of Team Play 5th Grade Quiz

Imagine the buzzer is sounding—show off your knowledge of positions, fair play, and field tactics across 10 engaging challenges.

1. In a game of Ultimate Frisbee, what is the primary way a team moves the disc down the field to score?

- A. Running while holding the disc
- B. Passing the disc to a teammate
- C. Kicking the disc toward the goal
- D. Dribbling the disc on the ground

2. In Flag Football, a 'down' ends when a defensive player pulls the flag off the person carrying the ball.

- A. True
- B. False

3. In Baseball or Softball, if a player hits the ball over the fence in the outfield, it is called a _____.

- A. Strike out
- B. Touchdown
- C. Home run
- D. Field goal

4. Which player on a Hockey team is responsible for standing in front of the net to prevent the puck from entering?

- A. The Forward
- B. The Referee
- C. The Goaltender
- D. The Coach

5. Good sportsmanship means arguing with the referee whenever you think a call is unfair.

- A. True
- B. False

6. In a relay race, teammates must pass a hollow cylinder called a _____ to the next runner.

- A. Baton
- B. Racket
- C. Puck
- D. Glove

7. Why is 'calling the ball' (shouting 'I got it!') important in a sport like Softball or Volleyball?

- A. To scare the other team
- B. To let the coach know you are awake

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- C. To prevent collisions between teammates
- D. To make the game louder

8. An offensive 'play' in sports is a _____ used to try and score against the defense.

- A. Penalty
- B. Equipment
- C. Uniform
- D. Planned strategy

9. In the sport of Cricket, the person who throws the ball to the batter is called the 'bowler'.

- A. True
- B. False

10. Which of these is a physical benefit of playing team sports regularly?

- A. Improved cardiovascular health
- B. Learning how to play video games
- C. Getting better at math homework
- D. Decreased need for sleep