

Name: _____ Date: _____

Answer Key: Score Big! The Joy of Team Play 5th Grade Quiz

Imagine the buzzer is sounding—show off your knowledge of positions, fair play, and field tactics across 10 engaging challenges.

1. In a game of Ultimate Frisbee, what is the primary way a team moves the disc down the field to score?

Answer: B) Passing the disc to a teammate

Ultimate Frisbee is a non-contact team sport where players move the disc solely through passing; you cannot run while holding it.

2. In Flag Football, a 'down' ends when a defensive player pulls the flag off the person carrying the ball.

Answer: A) True

Pulling the flag is the safe, non-contact equivalent of a tackle in Flag Football, which signals the end of that play.

3. In Baseball or Softball, if a player hits the ball over the fence in the outfield, it is called a _____.

Answer: C) Home run

A home run allows the batter to circle all the bases and score a point for their team immediately.

4. Which player on a Hockey team is responsible for standing in front of the net to prevent the puck from entering?

Answer: C) The Goaltender

The goaltender (or goalie) is the last line of defense centered around the goal area.

5. Good sportsmanship means arguing with the referee whenever you think a call is unfair.

Answer: B) False

Sportsmanship involves respecting the officials and accepting their decisions to keep the game fair and fun.

6. In a relay race, teammates must pass a hollow cylinder called a _____ to the next runner.

Answer: A) Baton

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The baton is the object passed between runners in a relay to show the hand-off was successful.

7. Why is 'calling the ball' (shouting 'I got it!') important in a sport like Softball or Volleyball?

Answer: C) To prevent collisions between teammates

Communication ensures that two players don't run into each other while trying to catch the same ball.

8. An offensive 'play' in sports is a _____ used to try and score against the defense.

Answer: D) Planned strategy

A play is a coordinated plan where every teammate knows their role to help the team succeed.

9. In the sport of Cricket, the person who throws the ball to the batter is called the 'bowler'.

Answer: A) True

Bowling is the specific technique used in Cricket to deliver the ball toward the wickets.

10. Which of these is a physical benefit of playing team sports regularly?

Answer: A) Improved cardiovascular health

Team sports involve running and movement, which strengthens your heart and lungs (cardiovascular system).