

Name: _____ Date: _____

Answer Key: The Secret of the Gold Star Teammate: A 1st Grade Quiz

Children apply fair play rules to playground scenarios to see how kindness and honesty make sports more fun for everyone.

1. The kickball is heading out of bounds, but it touches your toe first. What is the best thing to do?

Answer: B) Tell the truth that it touched you

Being honest about touches or fouls shows integrity, which is a key part of good sportsmanship.

2. True or False: It is okay to make fun of the other team if they lose the game.

Answer: B) False

Respecting opponents means being kind whether you win or lose.

3. When the coach or referee explains a rule you don't like, a good sport should ____.

Answer: C) Listen and follow the rule

Respecting officials means accepting their decisions calmly, even if we are disappointed.

4. Your friend falls down while you are both running a race on the playground. What should you do?

Answer: B) Stop and ask if they are okay

Caring about other people's safety is more important than winning a race.

5. True or False: Following the rules makes the game fair for everyone playing.

Answer: A) True

Rules ensure that everyone has the same chance to succeed and have fun.

6. At the end of a game, we say '____' to the other players.

Answer: B) Good game

Saying 'good game' is a way to show respect for the effort everyone put in.

Name: _____ **Date:** _____

7. Why do we wait for our turn to use the jump rope?

Answer: A) Because we have to be fair

Waiting for turns is a form of fair play that lets everyone participate.

8. True or False: A good sport shares their equipment with others.

Answer: A) True

Sharing and being inclusive helps create a positive athletic environment.

9. If your team loses the game, a gold star teammate will ____.

Answer: B) Keep a positive attitude

Resilience and a positive attitude are parts of showing good character in sports.

10. What is the most important part of playing a game with friends?

Answer: C) Having fun and being kind

The main goal of sports at this age is to build social skills and enjoy physical activity.