

Name: _____

Date: _____

Answer Key: Diamond Divers & Field Friends: 4th Grade Team Tactics Quiz

Calculate the best plays and analyze player movements beyond the basic rules to become a master of team strategy.

1. In softball or baseball, why might a coach tell a runner to 'tag up' after a fly ball is caught?

Answer: B) To legally attempt to run to the next base only after the ball is caught

Tagging up is a strategy where a runner stays on their base until a fly ball is caught, allowing them to advance once the catch is legally made.

2. In Ultimate Frisbee, the person holding the disc is allowed to take up to five steps to gain momentum before throwing.

Answer: B) False

In Ultimate Frisbee, the player with the disc must stop and establish a pivot foot; they cannot run or take steps while holding the disc.

3. In Field Hockey, if a player uses the _____ side of their stick to hit the ball, it is a foul.

Answer: B) Rounded

Field hockey rules require players to use only the flat side of the stick; using the back or rounded side results in a penalty.

4. Which role on a team is most responsible for 'spatial awareness'—knowing where everyone is to help move the ball forward?

Answer: B) A midfielder who connects defense to offense

Midfielders act as the 'engine' of a team, requiring high spatial awareness to transition play across the entire field.

5. In Flag Football, 'rushing the passer' refers to the defense trying to pull the quarterback's flag before they can throw the ball.

Answer: A) True

Name: _____

Date: _____

Rushing is a defensive strategy designed to pressure the quarterback and end the play quickly by removing their flag.

6. When a lacrosse player uses their stick to protect the ball from an opponent by moving it back and forth, it is called ____.

Answer: A) Cradling

Cradling uses centrifugal force to keep the ball in the pocket of the stick while the player is running or being guarded.

7. In many team sports, what is the primary benefit of 'non-verbal communication' like hand signals?

Answer: B) It allows teammates to coordinate without the other team hearing the plan

Non-verbal cues are a key teamwork dynamic that helps maintain the element of surprise during tactical plays.

8. In Water Polo, players are not allowed to touch the ____ or the sides of the pool during active play.

Answer: C) Bottom

Water polo requires great physical fitness because players must tread water continuously; touching the bottom is a violation.

9. Good sportsmanship is only necessary when your team is winning the game.

Answer: B) False

Sportsmanship is a core value of team sports that must be shown regardless of the score or the outcome of the game.

10. Imagine your soccer team is winning by one goal with only two minutes left. Which strategy would be most logical?

Answer: B) Focusing on 'defensive transition' to prevent the other team from scoring

When leading late in a game, teams often switch to a defensive strategy to protect their lead and run down the clock safely.