

Name: _____

Date: _____

Answer Key: The Defensive Wall: 2nd Grade Team Sports Strategy Quiz

Students analyze offensive plays and invent movement patterns to solve complex defensive scenarios using spatial reasoning during physical education stations.

1. Your team is playing Ultimate Frisbee. If you want to move the disk down the field quickly before the other team can get ready, which strategy should you use?

Answer: B) A Fast Break

A fast break is a strategy used in many team sports to move toward the goal quickly before the defense can set up their positions.

2. In a game of Floor Hockey, if you want to get the ball past a tall defender, you should try to _____ the ball to a teammate who is standing in an open space.

Answer: C) pass

Passing is a fundamental skill and strategy used to move the object of play around opponents to reach a goal.

3. In team sports, 'Zone Defense' means every player is responsible for guarding a specific area of the court rather than just one person.

Answer: A) True

Zone defense is a complex strategy where players protect a space (zone) to prevent the other team from entering that area.

4. You are playing a game of Flag Football. Your teammate is running toward the 'End Zone' but has three defenders near them. What is the best way to help them score?

Answer: A) Run to the opposite side to pull defenders away

Using 'decoy' movements to pull defenders away from the ball carrier is advanced situational reasoning in team sports.

5. When a team works together to create a plan before a play starts, this is called a _____.

Answer: B) huddle

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A huddle is a key teamwork dynamic used to communicate strategies and ensure everyone knows their role in the next play.

6. Good teamwork means only the person with the ball needs to communicate.

Answer: B) False

All players must communicate to share information about open spaces, incoming defenders, and strategy changes.

7. In a game of Soccer, if a defender sees their goalkeeper move out of the goal, the defender should move into the goal to cover the space. What is this teamwork skill called?

Answer: C) Backing up a teammate

Backing up a teammate involves positional awareness and synthesis of what is happening on the field to prevent a score.

8. To keep the ball away from a defender in Basketball, you should use your _____ to shield the ball while you move.

Answer: B) body

Using your body to shield or 'protect' the ball is a physical skill that requires coordination and awareness of the defender's position.

9. In Baseball, 'tagging up' is a rule that requires a runner to wait on their base until a fly ball is caught before they can run to the next base.

Answer: A) True

Tagging up is a specific rule that requires players to synthesize the timing of the catch with their decision to run.

10. You are playing a game of Capture the Flag. If your team decides to have two people stay home to guard and three people go find the flag, what are you creating?

Answer: B) A formation

A formation is a strategic arrangement of players designed to balance offense and defense.