

Name: _____ Date: _____

The Little Architect: Designing Our Personalities for Kindergarteners

Young learners construct their own 'Emotion Towers' to visualize how unique traits and social learning build our individual identities during morning circle time.

1. If your friend Max always shares his toys because he saw his big brother sharing, what 'building block' is he using to make his personality?

- A. The Memory Block
- B. The Copying-Others Block
- C. The Sleepy Block
- D. The Hungry Block

2. True or False: Every child in our class has the exact same 'Personality Tower' with the same colors and shapes.

- A. True
- B. False

3. When Sarah feels brave enough to try the big slide for the first time, she is showing _____, which means she believes she can do it!

- A. Self-Efficacy
- B. Sleepiness
- C. Quietness
- D. Rule-breaking

4. Imagine you have an 'Inside Voice' telling you to follow classroom rules and an 'Impatient Voice' wanting the cookie now. Which part of you helps you decide to wait?

- A. The Super-Me (Superego)
- B. The Cookie Monster
- C. The Napping Self
- D. The Running Feet

5. True or False: If you are born a 'Curious Explorer,' you will probably always like to ask 'Why?' and look for bugs.

- A. True
- B. False

6. If you are drawing a picture of your 'Best Self' (the person you want to grow up to be), which personality idea are you using?

- A. The Grumpy Theory
- B. The Growing-Human Theory
- C. The Forgetful Theory

Name: _____

Date: _____

D. The Statue Theory

7. If a shy turtle decides to come out and play because the other turtles are being very kind, this is an interaction between the turtle and his ____.

- A. Lunchbox
- B. Weather
- C. Environment
- D. Shoes

8. Why might two people see the same spider and one person smiles while the other person hides?

- A. The spider is magic
- B. They have different personality traits
- C. It is nighttime
- D. Spiders like hats

9. True or False: We can grow our personalities to be more kind and helpful by practicing every day.

- A. True
- B. False

10. If you are very 'extraverted,' you would probably choose to go to a ____ for your birthday.

- A. Library alone
- B. Big party with friends
- C. Quiet nap
- D. Dark closet