

Name: _____ Date: _____

Answer Key: Safety Sentinel Quest: A First Aid Challenge for 7th Grade

Hazard recognition, injury assessment, and protocol recall. Students identify necessary steps to maintain stability and safety in common adolescent environments.

1. You and a friend are hiking when they accidentally brush against a plant and develop an itchy, red rash. What is the best first step for treatment?

Answer: B) Wash the area with soap and cool water to remove oils

Washing the area helps remove the plant oils (like urushiol from poison ivy) that cause the reaction, preventing the rash from spreading.

2. If a person is experiencing a nosebleed, they should lean their head back as far as possible to stop the flow.

Answer: B) False

Leaning back can cause blood to run down the throat; instead, one should lean forward slightly and pinch the soft part of the nose.

3. When checking a scene for safety before helping an injured person, you should look for ____ to ensure you do not become a victim yourself.

Answer: A) potential hazards

Scene safety is the first priority; identifying hazards like traffic, fire, or live wires protects the responder.

4. During a soccer game, a teammate is hit in the mouth and a permanent tooth is knocked out. What is the recommended way to transport the tooth to the dentist?

Answer: C) In a container of milk or saliva

Keeping the tooth in milk or saliva helps keep the root cells alive until a dentist can attempt to replant it.

5. Before touching an injured person's open wound, you should put on latex-free gloves to provide a barrier against pathogens.

Answer: A) True

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Personal protective equipment (PPE) like gloves prevents the transmission of germs between the responder and the victim.

6. A person has fallen and their arm is bent at an unnatural angle. You suspect a bone fracture. What should you do while waiting for help?

Answer: B) Keep the limb still and in the position it was found

Attempting to move or straighten a suspected fracture can cause further damage to nerves, blood vessels, and tissues.

7. According to the Good Samaritan laws, most states protect people who provide ____ to others in an emergency.

Answer: C) voluntary first aid

Good Samaritan laws are designed to encourage people to help others by providing legal protection for reasonable first aid efforts.

8. If a person is conscious and appears to be having a severe allergic reaction (anaphylaxis) but cannot reach their auto-injector, what is the first priority?

Answer: B) Call 911 or emergency services immediately

Anaphylaxis is a life-threatening emergency that requires immediate professional medical intervention.

9. When a person is suffering from heat exhaustion, you should move them to a cool place and give them small sips of water.

Answer: A) True

Lowering the body temperature and rehydrating are the primary goals for treating heat-related illnesses.

10. If you are the only person at the scene of an emergency, you should 'Check, Call, and Care.' The 'Care' step refers to ____.

Answer: B) providing first aid

'Care' involves helping the person based on the injuries you found during the 'Check' step until medical professionals arrive.