

Name: _____ Date: _____

Answer Key: Safety Shield: 5th Grade First Aid Rescue Mission Quiz

Identify life-saving responses to nosebleeds, bee stings, and sun exposure while building a personal emergency action plan.

1. If a friend is having a nosebleed during recess, what is the safest way for them to sit?

Answer: C) Leaning forward and pinching the soft part of the nose

Leaning forward prevents blood from going down the throat (which could cause choking or vomiting), and pinching the nose helps the blood clot.

2. To treat a itchy bee sting, you should first scrape the stinger out and then apply a _____ to reduce swelling.

Answer: C) Cold pack or ice

Cold temperatures constrict blood vessels, which helps lower inflammation and numbs the pain of the sting.

3. If you see a person collapse and they are not waking up, the very first thing you should do is check if the scene is safe for you to enter.

Answer: A) True

Scene safety is the first priority in any emergency to ensure the rescuer does not become a second victim.

4. Which of these is the most important item to wear to prevent a head injury while skateboarding?

Answer: B) A properly fitted helmet

While pads protect joints, a helmet is the specific piece of equipment designed to protect the brain from impact.

5. You should use a clean, dry cloth to apply pressure to a wound that is bleeding heavily.

Answer: A) True

Direct pressure helps the blood to clot and stop the flow from the wound.

6. When spending all day at the beach, you should reapply _____ every two hours to prevent skin damage.

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Answer: C) Sunscreen

Sunscreen wears off over time, especially with sweating or swimming, and needs frequent application to block UV rays.

7. If a kitchen fire starts in a pan, what is the best way to safely put it out?

Answer: C) Slide a lid over the pan to smother it

Fire needs oxygen to burn. Covering the pan with a lid cuts off the oxygen supply safely.

8. If you find an unmarked bottle of liquid in the garage, it is safe to smell it to figure out what it is.

Answer: B) False

Inhaling fumes from unknown chemicals can be poisonous or irritate your lungs; always ask an adult about unknown substances.

9. If you are walking in a park and a thunderstorm begins, you should seek shelter inside a building and avoid standing under _____.

Answer: A) Tall trees

Lightning is attracted to the tallest object in an area, making tall trees very dangerous during a storm.

10. Which of these is the best way to help someone who is shivering and very cold after falling into a lake?

Answer: B) Remove wet clothes and wrap them in dry blankets

Removing wet clothing prevents further heat loss, and dry blankets help the body trap its own heat to warm up slowly and safely.