

## **Super Scrupulous Second Grade Science Secret: Germ Stoppers**

Moving beyond simple handwashing toward evaluating high-risk health scenarios, this challenge requires analysis of silent germ-spreading habits and protective choices.

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**1. Imagine your friend feels okay but has been sneezing around you all morning. What is the most responsible choice to keep yourself and others from getting sick?**

- A. Wait until they look very sick before washing your hands.
- B. Wash your hands with soap and avoid touching your eyes or nose.
- C. Ask them to hold their breath whenever they are near you.
- D. Only wash your hands if you see dirt on your palms.

**2. If a kitchen counter looks shiny and clean, it is impossible for harmful bacteria to be living on the surface.**

- A. True
- B. False

**3. When you have a tickle in your throat and need to cough, the best way to stop germs from flying into the air is to cough into your \_\_\_\_\_.**

- A. Open palms
- B. Shirt sleeve
- C. Inner elbow
- D. Closed fist

**4. You are making a fruit salad for your family. Why is it important to scrub the outside of a melon even if you aren't eating the skin?**

- A. To make the melon look brighter and more colorful.
- B. So the knife doesn't slide and cut your finger.
- C. To stop the knife from dragging outside germs into the fruit.
- D. To help the melon ripen faster in the bowl.

**5. Staying active and getting enough sleep helps your body build a 'shield' called an immune system to fight off invaders.**

- A. True
- B. False

**6. Using \_\_\_\_\_ instead of just plain water is necessary because it helps lift germs and oils off your skin so they can be rinsed away.**

- A. Cold water
- B. Antibacterial lotion
- C. Liquid soap

Name: \_\_\_\_\_

Date: \_\_\_\_\_

D. Paper towels

**7. Which of these is a 'hidden' way germs can travel that most people forget about?**

- A. Touching a TV remote after someone with a cold used it.
- B. Washing your hands before eating a sandwich.
- C. Wearing a clean t-shirt to school.
- D. Drinking water from your own clean bottle.

**8. If you are at a park and no sink is available, the most effective tool to lower the number of germs on your hands is \_\_\_\_\_.**

- A. Drying with a napkin
- B. Rubbing hands on grass
- C. Blowing on your hands
- D. Hand sanitizer

**9. You should only brush your teeth once a week to keep the enamel strong.**

- A. True
- B. False

**10. Why is it important to tell a grown-up if you feel a little bit sick before you get on the school bus?**

- A. So you can get extra homework to do at home.
- B. To prevent your classmates and teacher from catching your germs.
- C. Because school buses are only for people wearing blue.
- D. So you can play video games all day instead of learning.