

Name: _____ Date: _____

Smash Germs: The Ultimate 2nd Grade Hygiene Challenge

Foundational assessment checking mastery of germ transmission, proper handwashing sequences, and healthy habit identification for early elementary learners.

1. Imagine you just finished playing at the park and are about to eat a snack. What is the very first thing you should do to keep germs away?

- A. Wipe your hands on your pants
- B. Wash your hands with soap and water
- C. Blow on your hands
- D. Drink some water

2. To make sure your hands are truly clean, you should scrub them with soap for at least _____ seconds.

- A. 2 seconds
- B. 5 seconds
- C. 20 seconds
- D. 100 seconds

3. True or False: Using your elbow to cover a sneeze helps stop germs from getting on your hands and spreading to others.

- A. True
- B. False

4. Which of these is a way that germs often travel from one person to another?

- A. Thinking about a friend
- B. Sharing a water bottle or fork
- C. Reading the same book quietly
- D. Wearing the same color shirt

5. Brushing your _____ twice a day helps remove germs that cause cavities.

- A. Hair
- B. Elbows
- C. Teeth
- D. Shoes

6. True or False: You only need to wash your hands if you can see brown dirt on them.

- A. True
- B. False

7. Why is it important to get plenty of sleep every night?

- A. It helps your body stay strong and fight off sickness

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- B. It makes your hair grow green
- C. It helps you win video games
- D. It keeps your clothes clean

8. If you cannot use soap and water right away, you can use hand _____ to kill germs.

- A. Lotion
- B. Sanitizer
- C. Crayon
- D. Paint

9. Which of these snacks is the healthiest choice for keeping your body strong?

- A. A bag of salty chips
- B. A crunchy apple
- C. A giant chocolate bar
- D. A colorful lollipop

10. True or False: You should wash your hands every time you finish using the bathroom.

- A. True
- B. False