

Answer Key: Germs Be Gone: Disease Prevention for 11th Grade Juniors

High schoolers analyze pathogen transmission routes and community health protocols through recall-based scenarios involving public sanitation and personal immunity.

1. Which of the following is considered a 'vector' for transmitting diseases like Zika or Malaria, rather than a direct pathogen?

Answer: B) Aedes aegypti mosquitoes

A vector is a living organism that carries and transmits an infectious agent to another living organism.

2. Herd immunity occurs when a large portion of a community becomes immune to a disease, making the spread from person to person unlikely.

Answer: A) True

When enough people are immune, the chain of infection is broken, protecting even those who cannot be vaccinated.

3. To prevent the spread of Norovirus in shared living spaces, surfaces should be cleaned with _____.

Answer: C) A chlorine bleach solution

Norovirus is highly resistant; specific disinfectants like bleach are required to effectively kill the virus on hard surfaces.

4. Which of these is a preventive measure specifically designed to protect against 'fomite' transmission?

Answer: C) Disinfecting a shared gym mat

Fomites are inanimate objects (like gym equipment or doorknobs) that can carry pathogens from one person to another.

5. Why is the completion of a full course of prescribed antibiotics essential for preventing the rise of 'superbugs'?

Answer: B) It ensures the strongest bacteria are eliminated

Stopping antibiotics early allows the most resistant bacteria to survive and multiply, leading to antibiotic resistance.

6. Pathogens like the fungus that causes Athlete's Foot thrive best in dry, cold environments.

Name: _____

Date: _____

Answer: B) False

Fungi generally thrive in warm, moist, and dark environments, such as locker rooms or damp socks.

7. The primary purpose of a _____ is to stimulate the body's immune memory without causing the actual disease.

Answer: C) Vaccine

Vaccines introduce a weakened or inactive part of a pathogen to train the immune system to recognize it later.

8. Junior-year students planning to live in dorms are often required to be vaccinated against Meningitis. How is this bacteria primarily spread?

Answer: B) Through exchange of respiratory secretions

Meningococcal bacteria are spread through close or lengthy contact, such as coughing or sharing drinks, which is common in dorms.

9. Standard surgical masks are primarily designed to prevent the wearer from spreading droplets to others rather than filtering out all inhaled viruses.

Answer: A) True

Surgical masks act as a physical barrier to keep large droplets from leaving the wearer's mouth and nose.

10. Cross-contamination in a kitchen occurs when _____ are transferred from one food item to another via shared utensils.

Answer: B) Pathogens

Pathogens like Salmonella can move from raw foods to ready-to-eat foods if cutting boards and knives are not cleaned correctly.