

Name: _____ Date: _____

Preventing Pesky Pathogens: Pre-K Protection Project

Building protective routines beyond simple soapsuds by synthesizing how healthy habits like barrier-building and germ-stopping strategies shield our shared classroom spaces.

1. If you are playing with a friend who starts to sneeze, how can you help keep both of your bodies safe from 'invisible invaders'?

- A. Share your water bottle with them
- B. Remind them to sneeze into their elbow 'shield'
- C. Touch their face to see if they are hot
- D. Hide their tissues so the germs stay inside

2. True or False: Using a paper towel to turn off the sink handle after washing hands keeps your clean hands from touching old germs.

- A. True
- B. False

3. To make sure our hands are truly clean, we must use soap and water for as long as it takes to sing _____.

- A. The first letter of our name
- B. One quick 'Hello'
- C. The entire 'ABCs' song
- D. A song that lasts 2 seconds

4. You find a yummy piece of fruit on the floor that looks clean. What is the safest choice to prevent tummy germs?

- A. Pick it up and eat it quickly
- B. Blow on it to move the germs away
- C. Wipe it on your shirt to clean it
- D. Throw it away and get a fresh piece

5. True or False: Germs are so tiny that we can see them with our eyes if we look very closely at our fingers.

- A. True
- B. False

6. If you feel a 'tickle' in your nose, you should use a _____ and then put it straight into the trash can.

- A. Clean sleeve
- B. Soft tissue
- C. Toy truck
- D. Piece of paper

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7. Imagine you are building a 'Health Castle' for your body. Which of these acts like a strong wall to stop germs from walking in?

- A. Never taking a bath
- B. Brushing your teeth every day
- C. Eating only colorful candy
- D. Rubbing your eyes when tired

8. True or False: Giving your friend a 'high-five' after you just wiped your nose is a good way to share kindness.

- A. True
- B. False

9. Water alone isn't enough to chase germs away; we need _____ to create bubbles that scrub the germs off.

- A. Glitter
- B. Lotion
- C. Soap
- D. Dirt

10. Why do we wash our hands specifically BEFORE we eat our snack?

- A. So the food tastes like soap
- B. To make the water in the sink happy
- C. To stop playground germs from hitching a ride into our mouths
- D. Because our snack is dirty