

Name: _____ Date: _____

Why Do We Act That Way? 2nd Grade Personality Quiz

Second graders analyze social dilemmas and character growth to evaluate how our inner thoughts change our outer actions.

1. Maya sees a classmate drop their lunch. Instead of laughing, she feels sad and helps them. Which part of Maya's personality is she using?

- A. Her physical strength
- B. Her empathy for others
- C. Her favorite color
- D. Her ability to run fast

2. Lilly used to be afraid of the slide, but after watching her brave friend Sarah go down it five times, Lilly decided to try it. This is called _____ learning.

- A. Sleepy
- B. Observational
- C. Accidental
- D. Silent

3. True or False: A person's 'Self-Concept' is the picture they have in their mind about who they are and what they are good at.

- A. True
- B. False

4. Sam is very organized. He keeps his markers in rainbow order and his desk is always clean. A psychologist would say Sam is high in which trait?

- A. Conscientiousness
- B. Sleepiness
- C. Height
- D. Hunger

5. When Carlos believes he can finish a hard 100-piece puzzle by himself, he is showing high self-_____, which helps him keep trying.

- A. Importance
- B. Efficacy
- C. History
- D. Distance

6. True or False: If a person is 'Extroverted,' they usually feel more energized and happy when they are alone in a quiet room.

- A. True

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B. False

7. Imagine two friends: Leo loves trying new spicy foods, while Max only wants to eat plain pasta every day. Which trait makes them different?

- A. How tall they are
- B. Their shoe size
- C. Openness to experience
- D. Where they live

8. Humanistic psychologists believe that everyone has an ____ drive to grow and become the best version of themselves.

- A. Outer
- B. Intrinsic
- C. Angry
- D. Fast

9. If a child acts grumpy because they are hungry, but then feels happy after a snack, this shows that personality is influenced by our ____.

- A. Needs
- B. Backpack
- C. Pencil
- D. Shadow

10. True or False: Your personality is formed only by your DNA and cannot be changed by the friends you choose or the things you learn.

- A. True
- B. False