

Name: _____ Date: _____

Answer Key: Why Do We Act That Way? 2nd Grade Personality Quiz

Second graders analyze social dilemmas and character growth to evaluate how our inner thoughts change our outer actions.

1. Maya sees a classmate drop their lunch. Instead of laughing, she feels sad and helps them. Which part of Maya's personality is she using?

Answer: B) Her empathy for others

Empathy is a personality trait that helps us understand and share the feelings of another person.

2. Lilly used to be afraid of the slide, but after watching her brave friend Sarah go down it five times, Lilly decided to try it. This is called _____ learning.

Answer: B) Observational

Observational learning happens when our personality or behavior changes because we watched someone else do something.

3. True or False: A person's 'Self-Concept' is the picture they have in their mind about who they are and what they are good at.

Answer: A) True

Self-concept is the collection of beliefs we have about ourselves, including our strengths and character.

4. Sam is very organized. He keeps his markers in rainbow order and his desk is always clean. A psychologist would say Sam is high in which trait?

Answer: A) Conscientiousness

Conscientiousness is a trait that describes people who are organized, careful, and disciplined.

5. When Carlos believes he can finish a hard 100-piece puzzle by himself, he is showing high self-_____, which helps him keep trying.

Answer: B) Efficacy

Self-efficacy is the belief in our own ability to succeed at a specific task.

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6. True or False: If a person is 'Extroverted,' they usually feel more energized and happy when they are alone in a quiet room.

Answer: B) False

Extroverted people usually get their energy from being around other people, while introverts prefer quiet time.

7. Imagine two friends: Leo loves trying new spicy foods, while Max only wants to eat plain pasta every day. Which trait makes them different?

Answer: C) Openness to experience

Openness to experience is a personality trait that describes how much someone likes new things and adventures.

8. Humanistic psychologists believe that everyone has an _____ drive to grow and become the best version of themselves.

Answer: B) Intrinsic

Intrinsic motivation comes from inside a person because they find the activity rewarding for their own growth.

9. If a child acts grumpy because they are hungry, but then feels happy after a snack, this shows that personality is influenced by our ____.

Answer: A) Needs

Some theories, like Maslow's, suggest that our personality and behavior change based on whether our basic needs (like hunger) are met.

10. True or False: Your personality is formed only by your DNA and cannot be changed by the friends you choose or the things you learn.

Answer: B) False

Social-cognitive theory shows that our environment and experiences interact with our traits to shape who we are.