

Name: _____

Date: _____

Answer Key: Calling the Plays: A Pro-Teammate Challenge for Grade 1

First graders move beyond basic play to solve tricky sideline scenarios and evaluate the best moves for winning with kindness and skill.

1. Your teammate is trying to pass the ball but they are surrounded by the other team. What is the most helpful thing for you to do?

Answer: C) Run to an open space and call 'I'm open!' to help.

Moving to an open space (finding a 'gap') and communicating helps your teammate solve the problem of being trapped.

2. In a team sport, it is faster to move the ball to the goal by passing it to different teammates than by one person running alone.

Answer: A) True

Passing is a strategic 'short-cut' because the ball can fly through the air or roll faster than a person can run.

3. When a teammate makes a mistake, a great leader will _____ to make the team stronger.

Answer: B) say 'It's okay, keep trying!'

Encouragement is a key team dynamic that builds confidence and helps the whole team perform better.

4. Imagine you are playing 'Capture the Flag'. Why is it better to have some people stay back to guard while others run forward?

Answer: B) Having different jobs (roles) covers the whole field.

Evaluating a 'division of labor' strategy shows that specific roles help a team manage both offense and defense at once.

5. If the referee makes a call you don't like, the best strategy for your team is to stop playing and argue.

Answer: B) False

Respecting the rules and the official keeps the game moving and keeps your team focused on the play.

6. In a game like Floor Hockey, looking at your teammates before you hit the puck is called _____.

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Answer: C) looking for a target

Positional awareness requires checking where your teammates are before acting so you don't lose possession.

7. If your team is losing by a lot of points, what should you do to show good sportsmanship?

Answer: A) Keep playing your hardest until the whistle blows.

Perseverance is a critical character trait in sports; evaluating the situation shows that effort matters more than the score.

8. Before a game starts, a team meets in a tight circle to talk; this is called a _____.

Answer: B) huddle

A huddle is a strategy tool used to plan, communicate, and build team spirit before a play begins.

9. A team with players who talk to each other usually plays better than a team that stays quiet.

Answer: A) True

Communication allows players to warn each other about opponents and coordinate their moves.

10. When the game is over, why do teams line up to shake hands or say 'Good Game'?

Answer: C) To show respect for the effort everyone put in.

Analyzing the ritual of the handshake shows that respect for opponents is a fundamental rule of all team sports.