

Name: _____ Date: _____

Wrangle the Field: A First Grade Team Sports Puzzle Quiz

Beyond simple play—identify key roles like the goalie and the value of passing to teammates in various group games.

1. In a game of soccer, who is the only player allowed to use their hands to grab the ball?

- A. The Coach
- B. The Goalie
- C. The Fast Runner
- D. The Referee

2. When you are playing basketball and you move your feet without bouncing the ball, it is called _____.

- A. Running
- B. Diving
- C. Traveling
- D. Dancing

3. True or False: In volleyball, your team can only hit the ball three times before sending it over the net.

- A. True
- B. False

4. Which of these is the BEST way to show good teamwork during a game?

- A. Keeping the ball to yourself
- B. Passing the ball to a teammate
- C. Sitting down on the field
- D. Shouting at the other team

5. In baseball, the player who throws the ball to the batter is called the _____.

- A. Catcher
- B. Pitcher
- C. Batter
- D. Umpire

6. True or False: Using a strategy means having a plan to help your team play better.

- A. True
- B. False

7. What skill should you practice if you want to move the soccer ball accurately to a friend?

- A. Kicking for distance
- B. Passing accuracy
- C. High jumping

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D. Running backward

8. In basketball, when you bounce the ball with one hand while moving, you are _____.

- A. Jumping
- B. Dribbling
- C. Throwing
- D. Catching

9. True or False: Communication means staying quiet so the other team doesn't hear you.

- A. True
- B. False

10. Why do sports have rules, like not being allowed to push other players?

- A. To make the game go faster
- B. To keep the field clean
- C. To make sure play is fair and safe
- D. To help people sleep