

Name: _____ **Date:** _____

Think Like a Pro: Tackle This 6th Grade Team Sports Challenge

Analyze offensive patterns and defensive rotations used in elite competition to level up your game sense and tactical decision-making.

1. In Ultimate Frisbee, what is the specific tactical term for a defender who stays in a central area to intercept deep passes rather than guarding a specific person?

- A. The Point
- B. The Deep Deep
- C. The Sweeper
- D. The Poacher

2. In Team Handball, a player is permitted to take three steps with the ball before they must pass, dribble, or shoot.

- A. True
- B. False

3. When a lacrosse team moves the ball quickly from the defensive end to the offensive end before the opponent can set up their defense, it is called a ____.

- A. Transition play
- B. Zone clearing
- C. Power play
- D. Crease dive

4. In cricket, which fielding position is located directly behind the batsman on the off-side to catch balls edged by the bat?

- A. Mid-on
- B. The Slip
- C. The Silly Point
- D. Deep Cover

5. In Water Polo, an 'ordinary foul' results in a penalty shot for the opposing team regardless of where it occurred.

- A. True
- B. False

6. In Rugby Union, the formation used to restart play after a minor infringement where players bind together to contest for the ball is known as a ____.

- A. Ruck
- B. Lineout
- C. Scrum

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D. Maul

7. Which defensive strategy involves each player being responsible for a specific 'slice' or territory of the playing field rather than a specific opponent?

- A. Man-to-Man
- B. Press Coverage
- C. Zone Defense
- D. Double Teaming

8. In Field Hockey, it is legal to use the rounded back side of the stick to hit the ball as long as it is done for a defensive clearance.

- A. True
- B. False

9. In Softball, when a fielder touches a base with the ball in their hand before a runner (who is forced to run) reaches it, this is called a ____.

- A. Tag out
- B. Force out
- C. Fly out
- D. Strike out

10. Which of these is a key 'Teamwork Dynamic' required for a successful 'Offside Trap' in Soccer?

- A. Individual dribbling skill
- B. Goalkeeper shot-stopping
- C. Synchronized defensive line movement
- D. Strong forward tackling