

Name: _____ **Date:** _____

Wrangle Your Big Feelings: A Pre-K Personality Quiz

Evaluate how different animal friends handle big emotions in 10 tricky social scenarios to understand what makes every person unique.

1. Lulu the Lamb always waits for her friends to go down the slide first because she is very shy. If Lulu is feeling nervous, what is the best way for her to show her unique personality?

- A. Hiding behind a tree and never playing
- B. Taking a deep breath and asking a friend to hold her hand
- C. Pushing others so she can go faster
- D. Crying until the teacher stops the game

2. True or False: If a child is born feeling very energetic, they will always act exactly the same way in every single room they go into.

- A. True
- B. False

3. Barnaby Bear loves to share his honey even when he's hungry. This part of Barnaby that cares about others more than himself is called his ____.

- A. Hungry Tummy
- B. Grumpy Mood
- C. Kind Heart
- D. Quiet Voice

4. Zippy the Zebra sees a new toy. He wants to grab it immediately, but he remembers his teacher's rule about taking turns. Which part of Zippy is making the best choice?

- A. The part that wants to grab
- B. The part that follows the rules
- C. The part that wants to sleep
- D. The part that is hungry for grass

5. True or False: Two children can look at the same broken crayon and feel two totally different ways because they have different personalities.

- A. True
- B. False

6. Piper the Puppy is very messy. Her friend Felix the Fox is very neat. If they have to clean up together, what is the hardest challenge they will face?

- A. Finding the broom
- B. Deciding where the blocks should go
- C. Agreeing on how to clean because they have different habits

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D. Eating their snack

7. Tilly the Turtle is very slow and careful. Because she is careful, she is the best at _____, which makes her special.

- A. Running a race
- B. Building a very tall block tower
- C. Flying in the sky
- D. Shouting loudly

8. True or False: You can change your whole personality just by putting on a superhero cape.

- A. True
- B. False

9. Grumpy Gus is usually sad, but today he is smiling because he helped a friend. Does this mean Gus is a totally different person now?

- A. Yes, he is now Happy Gus forever
- B. No, he is the same Gus but his feelings changed for a moment
- C. No, he is now a butterfly
- D. Yes, he forgot how to be grumpy

10. When you try something new, like eating a green vegetable, you are showing that your personality is _____.

- A. Brave and curious
- B. Scared and sleepy
- C. Angry and loud
- D. Small and quiet