

Name: _____ Date: _____

Safety Superhero: The First Aid Decision Challenge for 1st Grade

Evaluate emergency scenarios and determine the safest actions to take when friends or family members need immediate help.

1. You see your friend fall and scrape their knee. There is a little bit of dirt in the scrape. What is the very first thing you should suggest they do?

- A. Put a giant sticker over the dirt
- B. Wash the scrape gently with clean water
- C. Wait until tomorrow to look at it
- D. Rub mud on it to protect it

2. If an adult is hurt and cannot talk, the best thing to do is stay very quiet and hide so you don't get in trouble.

- A. True
- B. False

3. If a person is coughing very loudly because food is stuck, you should ____.

- A. give them a big glass of milk
- B. encourage them to keep coughing
- C. pat them on the head
- D. tell them a funny joke

4. Which of these is a 'Safety Rule' for using a kitchen stool to reach a cookie jar?

- A. Standing on your tip-toes on the very edge
- B. Asking a grown-up to help or watch you
- C. Stacking three pillows on the stool first
- D. Closing your eyes while you climb

5. Applying an ice pack to a bumped head can help the 'goose egg' bump stay small.

- A. True
- B. False

6. When you see a bottle with a 'Poison' or 'Skull' sign, you must ____.

- A. smell it to see if it's juice
- B. clean up the floor with it
- C. don't touch and tell an adult
- D. shake the bottle to see colors

7. If you are playing outside and get a nosebleed, what is the smartest way to sit?

- A. Lean your head way back to the sky

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- B. Lay down flat on the grass
- C. Sit up and tilt your head slightly forward
- D. Do a handstand against a tree

8. Sunscreen is only for the beach; you don't need it if you are playing at the park.

- A. True
- B. False

9. If you accidentally touch a hot stove, you should immediately put your hand under ____.

- A. cool running water
- B. hot sink water
- C. a pile of warm towels
- D. fluffy peanut butter

10. Why do we wear bright colors or reflectors when riding a bike at dusk?

- A. To look like a cool robot
- B. So drivers can see us easily
- C. To make the bike go faster
- D. To keep the wind off our arms