

Clinical Phenotypes & Diagnostic Dilemmas: College Psychology Quiz

Differential diagnosis, etiology, and the biopsychosocial model. Rigorous analysis of psychopathology for advanced students pursuing clinical or research pathways.

1. A patient presents with 'la belle indifférence,' displaying a lack of concern regarding a sudden loss of motor function that lacks a neurological basis. Which DSM-5-TR diagnosis is most probable?

- A. Somatic Symptom Disorder
- B. Conversion Disorder (Functional Neurological Symptom Disorder)
- C. Illness Anxiety Disorder
- D. Factitious Disorder

2. The _____ hypothesis suggests that the symptoms of schizophrenia are related to overactive transmission of a specific neurotransmitter in the mesolimbic pathway.

- A. Serotonin
- B. Glutamate
- C. Dopamine
- D. GABA

3. True or False: In the Diathesis-Stress Model, a 'diathesis' refers exclusively to a genetic or biological predisposition toward a disorder.

- A. True
- B. False

4. Which personality disorder cluster is characterized by dramatic, emotional, or erratic behavior, including Borderline and Narcissistic Personality Disorders?

- A. Cluster A
- B. Cluster B
- C. Cluster C
- D. Cluster D

5. A researcher is studying 'negative symptoms' in a clinical population. Which of the following behavior patterns would they be observing?

- A. Auditory hallucinations and word salad
- B. Avolition, alogia, and anhedonia
- C. Delusions of grandeur and persecution
- D. Catatonic excitement and echolalia

6. Beck's Cognitive Triad identifies that individuals with depression often hold persistent negative views about themselves, their world, and their _____.

- A. Past

Name: _____

Date: _____

- B. Family
- C. Future
- D. Peers

7. True or False: To meet the DSM-5 criteria for Cyclothymic Disorder, an individual must have experienced at least one full Manic Episode.

- A. True
- B. False

8. According to Thomas Joiner's Interpersonal Theory of Suicide, which factor must be present for an individual to move from suicidal ideation to a lethal attempt?

- A. Thwarted belongingness
- B. Perceived burdensomeness
- C. Acquired capability for self-injury
- D. Presence of a DSM secondary diagnosis

9. In the treatment of Borderline Personality Disorder, _____ combines standard cognitive-behavioral techniques with concepts of mindful awareness and distress tolerance.

- A. Transference-Focused Therapy
- B. Dialectical Behavior Therapy (DBT)
- C. Schema Therapy
- D. Mentalization-Based Treatment

10. True or False: The 'Rosenhan Study' (1973) notably demonstrated the high reliability and validity of psychiatric diagnosis in hospital settings using the DSM-II.

- A. True
- B. False