

Name: _____ **Date:** _____

The Invisible Huddle: Secret Habits of Winning Teams for 1st Grade

Young athletes identify how passing and cheering transform a group of players into a unified team during field games.

1. When you are playing a team sport, what is the best way to help your friend get the ball?

- A. Take the ball and run away
- B. Pass the ball to them
- C. Sit down on the grass
- D. Hide the ball in your shirt

2. True or False: In a team sport, everyone works together to reach the same goal.

- A. True
- B. False

3. When a teammate does something great, you should say ____.

- A. Go away
- B. I am bored
- C. Great job
- D. Be quiet

4. What is the name for the special instructions that tell us how to play a game fairly?

- A. Recipes
- B. Bedtime stories
- C. Rules
- D. Shopping lists

5. True or False: Shouting mean words at the other team is a good way to be a teammate.

- A. True
- B. False

6. A person who helps the team learn and practice is called a ____.

- A. Baker
- B. Coach
- C. Dentist
- D. Pilot

7. Which of these is a team sport where you use your feet to move a ball?

- A. Reading
- B. Soccer
- C. Drawing

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D. Sleeping

8. True or False: If your team loses a game, you can still be a happy and proud teammate.

- A. True
- B. False

9. To play safely, you should always ____ to the referee or teacher.

- A. Sing
- B. Dance
- C. Listen
- D. Nap

10. What do we call it when players talk to each other to help win the game?

- A. Whistling
- B. Communication
- C. Hiding
- D. Humming