

Name: _____ Date: _____

Answer Key: The Invisible Huddle: Secret Habits of Winning Teams for 1st Grade

Young athletes identify how passing and cheering transform a group of players into a unified team during field games.

1. When you are playing a team sport, what is the best way to help your friend get the ball?

Answer: B) Pass the ball to them

Passing is a key teamwork skill that helps your whole team move toward the goal together.

2. True or False: In a team sport, everyone works together to reach the same goal.

Answer: A) True

Teamwork means a group of people works as one unit to succeed.

3. When a teammate does something great, you should say ____.

Answer: C) Great job

Using encouraging words like 'Great job' is part of being a good teammate and sportsman.

4. What is the name for the special instructions that tell us how to play a game fairly?

Answer: C) Rules

Rules are the guidelines that everyone follows so the game is fair and safe for all players.

5. True or False: Shouting mean words at the other team is a good way to be a teammate.

Answer: B) False

Good sportsmanship means being kind to everyone, including the people on the other team.

6. A person who helps the team learn and practice is called a ____.

Answer: B) Coach

Name: _____ **Date:** _____

A coach is the leader who teaches the team player skills and strategies.

7. Which of these is a team sport where you use your feet to move a ball?

Answer: B) Soccer

Soccer is a team sport played by kicking a ball into a goal.

8. True or False: If your team loses a game, you can still be a happy and proud teammate.

Answer: A) True

Playing your best and having fun is more important than winning or losing.

9. To play safely, you should always ____ to the referee or teacher.

Answer: C) Listen

Listening to the adults in charge helps ensure that everyone follows the safety rules.

10. What do we call it when players talk to each other to help win the game?

Answer: B) Communication

Communication, like calling out 'I'm open!', helps teammates work together effectively.