

Name: _____ Date: _____

The Secret Ingredients of You: 2nd Grade Personality Quiz

Young learners design a unique character profile by analyzing how hidden feelings and social mirrors shape our everyday choices.

1. Imagine your brain has a 'Mini-Coach' who reminds you to follow rules and a 'Mini-Monster' who wants cookies right now. Which part of you helps them find a fair middle ground?

- A. The Sleepy Side
- B. The Balancing Boss (Ego)
- C. The Hungry Helper
- D. The Fast Runner

2. If you play a superhero game and start acting brave like the hero, you are using 'Mirror Learning' to shape your personality.

- A. True
- B. False

3. When a seed has water and sun, it grows into a flower. Humanistic experts say people grow best when they have ____.

- A. New toys
- B. Love and support
- C. Scary movies
- D. Math homework

4. Leo is a 'Social Butterfly' who loves parties, while Kim is a 'Quiet Turtle' who loves libraries. What are these 'butterfly' and 'turtle' labels called?

- A. Birthday wishes
- B. Muscle groups
- C. Personality Traits
- D. Weather patterns

5. If you believe very strongly that you can learn to ride a bike, you are more likely to keep trying until you succeed.

- A. True
- B. False

6. Some scientists think we are born with a 'Basic Flavor' called ___, which determines if we are naturally calm or easily excited babies.

- A. Temperament
- B. Ice cream
- C. Alphabet

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D. Shoelaces

7. If your 'Real Self' (who you are now) and your 'Star Self' (who you want to be) are very different, how might you feel?

- A. Hungry for pizza
- B. Very sleepy
- C. Confused or sad
- D. Tall

8. If you are very curious and love trying weird new foods, which 'Big Trait' do you probably have a lot of?

- A. Sleepiness
- B. Openness
- C. Grumpiness
- D. Smallness

9. Psychologists believe that the way your parents hugged or coached you when you were a baby has zero effect on who you are today.

- A. True
- B. False

10. Think about a time you felt a 'Gut Feeling' you couldn't explain. Which theory says this comes from a hidden part of your mind you don't see?

- A. The Map Theory
- B. The Math Theory
- C. The Unconscious Mind (Psychodynamic)
- D. The Robot Theory