

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Old Habits, New Wonders: 3rd Grade Personality Quiz

Evaluate 10 challenging scenarios exploring how environment, self-esteem, and habits shape unique character traits for advanced social studies learners.

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**1. Maya sees her older brother practice the piano every day and notices he gets a gold star. Now, Maya wants to practice her drawing to get a star too. Which personality concept explains this?**

- A. Unconscious fears
- B. Observational learning
- C. Natural talent
- D. Biological traits

**2. People who feel \_\_\_\_\_ are often more willing to try new things because their 'real self' feels supported and valued.**

- A. Anxious
- B. Self-actualized
- C. Grumpy
- D. Introverted

**3. True or False: A personality 'trait' is a behavior that only happens once in a person's life and never happens again.**

- A. True
- B. False

**4. Mateo is very brave at the park but very shy at the library. If his behavior changes based on where he is, which theory is being shown?**

- A. Strict Trait Theory
- B. Heredity Theory
- C. Person-Situation Interaction
- D. The Big One Model

**5. If a person believes they are 'The Best Artist' (Ideal Self) but they are afraid to pick up a brush (Real Self), they may feel \_\_\_\_\_.**

- A. Incongruent
- B. Extroverted
- C. Conscientious
- D. Reciprocal

**6. True or False: According to social-cognitive theory, your friends' behaviors can actually change your own personality over time.**

- A. True

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B. False

**7. Imagine a student who always double-checks their backpack to make sure they have their homework. A trait theorist would describe this person as high in:**

- A. Agreeableness
- B. Conscientiousness
- C. Neuroticism
- D. Openness

**8. Some theorists believe that our \_\_\_\_\_ mind holds memories or feelings that we aren't thinking about right now, but still affect how we act.**

- A. Talkative
- B. Conscious
- C. Unconscious
- D. Friendly

**9. If you are trying to decide if a new student is 'friendly' or 'mean' by watching them for a week, what are you trying to identify?**

- A. Their Unconscious
- B. Their Hierarchy
- C. Their Traits
- D. Their Homework

**10. True or False: Only one personality theory is correct, and all the other theories have been proven wrong.**

- A. True
- B. False