

Name: _____ **Date:** _____

Nail the Campus Medic Challenge: College First Aid Quiz

Ace these emergency scenarios by identifying proper responses for heat stroke, opioid overdose intervention, and critical injury stabilization.

1. When encountering an individual who appears to be experiencing an opioid overdose, which medication is most critical to administer as a primary intervention?

- A. Epinephrine
- B. Naloxone (Narcan)
- C. Albuterol
- D. Nitroglycerin

2. If a person is experiencing heat stroke, you should immediately immerse them in cold water or apply ice packs to the neck, armpits, and groin.

- A. True
- B. False

3. When applying a tourniquet to a limb with life-threatening bleeding, the device should be placed _____ inches above the wound.

- A. 2 to 3
- B. 8 to 10
- C. 12 to 15
- D. Below the knee only

4. You witness a peer collapse during a intramural sports game. They are unresponsive and gasping for air. What is your first action after ensuring the scene is safe?

- A. Wait to see if they regain consciousness
- B. Provide a glass of water
- C. Activate EMS and retrieve an AED
- D. Perform a head-to-toe physical assessment

5. In first aid, the acronym 'FAST' is used to identify the signs of a _____.

- A. Diabetic Coma
- B. Stroke
- C. Seizure
- D. Panic Attack

6. To treat a nosebleed, the victim should tilt their head backward to prevent blood from dripping.

- A. True
- B. False

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7. When an individual suffers a chemical burn to the eye, what is the recommended duration for flushing the eye with clean water?

- A. 2 minutes
- B. 5 minutes
- C. At least 20 minutes
- D. Flush once and apply a patch

8. If someone is experiencing hypoglycemia (low blood sugar) and is conscious, you should provide them with _____.

- A. Diet soda
- B. Hand sanitizer
- C. Oral glucose or fruit juice
- D. Insulin

9. A person who has been struck by lightning should not be touched because they may carry an electric charge.

- A. True
- B. False

10. What is the correct depth for adult chest compressions during CPR according to modern safety guidelines?

- A. Exactly 1 inch
- B. At least 2 inches
- C. 4 to 5 inches
- D. The depth of a thumb