

Name: _____ Date: _____

Answer Key: Which Way Will You Play? Your Kindergarten Guide to Personalities

Evaluate how different friends react to a shared toy while moving from observing basic traits to analyzing social interactions.

1. Scenario: Leo sees a brand new playground. Instead of running to the slide, he sits back and watches how other kids play first. What is Leo doing?

Answer: B) Using observation to understand his environment

Leo is demonstrating a 'watcher' personality trait where he analyzes the social situation before participating, showing cognitive evaluation.

2. True or False: If Sarah is usually very quiet at school but very loud at her birthday party, it means her personality changed completely.

Answer: B) False

Personality involves 'reciprocal determinism,' where the environment (a loud party vs. a quiet school) influences how our traits are expressed.

3. Scenario: Maya loves to paint alone. Her teacher says she has a 'Target Trait.' If Maya prefers being by herself to recharge, we call her _____.

Answer: B) An Introvert

Trait theory identifies people who gain energy from solitary activities and internal reflection as introverts.

4. Two friends find a sparkly rock. Kai wants to keep it because it is pretty (the Id). Sam wants to find the owner because it's the right thing to do. Sam represents the:

Answer: C) Moral side (Superego)

In psychodynamic terms, the part of us that focuses on rules and doing what is 'right' is the superego.

5. Scenario: Ben believes he can build the tallest block tower because he practiced every day. This 'I can do it' feeling is called _____.

Answer: A) Self-efficacy

Name: _____ **Date:** _____

Self-efficacy is the belief in one's own ability to succeed at a specific task through effort and practice.

6. True or False: Every human being has a 'Best Version' of themselves they are trying to grow into, like a seed turning into a flower.

Answer: A) True

Humanistic theory emphasizes self-actualization, which is the natural drive to grow and reach our full potential.

7. When Kim copies how her teacher kindly says 'Please,' she is learning her personality through:

Answer: C) Observational learning

Social-cognitive theory suggests we develop behaviors and personality by watching and modeling others.

8. If a child is 'Highly Agreeable,' they are most likely to _____ when a friend asks to share a cookie.

Answer: C) Share the cookie happily

Agreeableness is a trait that measures how cooperative, kind, and friendly a person is toward others.

9. Why might two kids react differently to a rainy day? One is sad because they can't go out; one is happy to splash in puddles. This is because:

Answer: B) Their personalities change their perspective

Personality theories explain that our unique internal traits and thoughts change how we evaluate and react to the same situation.

10. True or False: Your 'Ideal Self' is the person you are right this second, including all your mistakes.

Answer: B) False

In humanistic theory, the 'Real Self' is who you are now, while the 'Ideal Self' is the person you wish to become.