

Will You Lead with Integrity? 5th Grade Fair Play & Ethics Quiz

5th graders grow into principled leaders by analyzing complex social dynamics and ethical dilemmas found in competitive team environments.

1. During a cross-country meet, a lead runner takes a wrong turn because of a missing trail marker. The second-place runner notices and calls out to guide them back to the correct path. This is an example of:

- A. Strategic interference
- B. The Spirit of the Game
- C. Competitive negligence
- D. Technical foul play

2. In 5th-grade sports, a captain's primary role is to argue with the referee whenever a call is made against their team.

- A. True
- B. False

3. When a player wins a tournament but spends the ceremony highlighting the skills of the person they defeated, they are demonstrating ____.

- A. Passive aggression
- B. Sympathy
- C. Humility
- D. Insecurity

4. A youth baseball player misses a tag at second base, but the umpire calls the runner 'out.' If the player tells the umpire they missed the tag, what are they practicing?

- A. Self-sabotage
- B. Internalized bias
- C. Emotional regulation
- D. Integrity

5. Sportsmanship is only necessary when you are winning a game.

- A. True
- B. False

6. Which scenario best illustrates 'scaffolding' positive culture within a new sports team?

- A. The coach ignores all rules to make the game fun.
- B. Veteran players teaching rookies the etiquette of the post-game handshake.
- C. A player practicing alone to ensure they are the best.
- D. Ignoring a teammate's mistake so they don't feel bad.

Name: _____

Date: _____

7. In many martial arts, students bow to each other before a match to show _____ for their opponent's safety and training.

- A. Submission
- B. Respect
- C. Fear
- D. Confusion

8. A basketball team is winning by 30 points. Instead of taking difficult shots to 'show off,' they work on basic passing and involve every player. This shows:

- A. Lack of effort
- B. Graciousness in victory
- C. Fear of the other team
- D. Wasting time

9. Following the 'unwritten rules' of a sport—like not cheering when an opponent gets injured—is just as important as following the official rulebook.

- A. True
- B. False

10. A 'Growth Mindset' approach to losing a game involves _____ the opponent's strategy rather than blaming the weather or the officials.

- A. Criticizing
- B. Ignoring
- C. Analyzing
- D. Copying